

CARE MINISTRY **REFERRALS**



MISSION HILLS CHURCH
REAL. MESSY. NEW.

*“Therefore, as we have
opportunity, let us do good
to ALL people, especially
to those who belong to the
family of believers.”*

Galatians 6:10

The referrals listed below are only meant to provide a limited list of resources that may be available to assist with some of the various requests we receive from our congregation and community. Unless a specific ministry of Mission Hills Church, Mission Hills is not affiliated with and does not endorse any of the organizations, programs, or entities listed. These are simply provided to help you with your own personal research and service selection.

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CRISIS SERVICES

988 Suicide and Crisis Lifeline:

988

Colorado Crisis Services :

1-844-8255 or text TALK to 38255

Free Emergency Walk-In Centers

6509 South Santa Fe Drive, Littleton, CO 80120

2206 Victor Street, Aurora, CO 80045

4353 East Colfax Avenue, Denver, CO 80220

4643 Wadsworth Blvd., Wheat Ridge, CO 80033

3180 Airport Road, Boulder, CO 80301

Highlands Behavioral Health System

720-348-2800

www.highlandsbhs.com

PROFESSIONAL CHRISTIAN COUNSELING

ADULTS

Grace Counseling

www.gracecounseling.net

Southeast Christian Counseling Center

www.seccounseling.org

Southwest Counseling

www.southwestcounseling.org

Cornerstone Christian Counseling

www.christiancounselingco.com

Douglas County Christian Counseling

www.douglascountychristiancounseling.org

Front Range Counseling Center

www.frontrangecounselingcenter.com

ReStory:

www.restory.life

Brooke Gage, LPC

www.anewthingcounseling.com

Christine Denlinger, LPC

www.christinedenlingercounseling.com

Katie Brown, LPC

www.zoecounselinglife.com

Melissa King, LPC

www.firelightcounseling.com

Elisa Spykstra, LPC

www.elisaspykstracounseling.com

Katrina Newman, LPC

www.katrina-newman.clientsecure.me

Nicole Hornstra, LCSW
www.thetablecounseling.com

Doug Feil, LPC
www.feilcounselingandconsulting.com

Paul Steinke, LPC
www.karibunicenter.com

Greg Morton, LPC
www.goldenthreadcounseling.com

Ryan Colby, LPC
www.ryancolbycounseling.com

Leanne DeRemer, LPC
leanne-deremer.clientsecure.me

Tyler White, LPC
www.tylerwhitecounseling.com

CHILDREN + ADOLESCENTS

Grace Counseling
www.gracecounseling.net

Southeast Christian Counseling Center
www.seccounseling.org

Southwest Counseling
www.southwestcounseling.org

Cornerstone Christian Counseling
www.christiancounselingco.com

Douglas County Christian Counseling
www.douglascountychristiancounseling.org

Front Range Counseling Center
www.frontrangecounselingcenter.com

Amy Craig, LPC
www.lovingfamiliestherapy.com

Melissa King, LPC
www.firelightcounseling.com

Katie Brown, LPC
www.zoecounselinglife.com

Elisa Spykstra, LPC
www.elisaspykstracounseling.com

Lindsey Harrel, LPC
www.cohesionwellness.com

Nicole Hornstra, LCSW
www.thetablecounseling.com

Greg Morton, LPC
www.goldenthreadcounseling.com

Ryan Colby, LPC
www.ryancolbycounseling.com

Angie Rothkamp, LPC
www.restoredcounseling.net

Jennifer Manning, LPC
jenmanning.clientsecure.me

MEDICAID PROVIDERS

Douglas County Christian Counseling
www.douglascountychristiancounseling.org

Restored Hope Counseling
www.rh-counseling.com

Luke Phillipi, LPC
www.2treescounseling.net

PSYCHOLOGICAL TESTING

Dr. Michael Ballard

www.michaelballard.net

Dr. Jessica Pae

www.restorationpsychology.com

PSYCHIATRY

Dr. Cowperthwaite

www.kevincowperthwaite.com

Bloom Mental Health

www.bloommh.com

Rocky Mountain Psychiatry

www.rmpsych.com

CHILDREN + ADOLESCENTS

Bloom Mental Health

www.bloommh.com

Substance Abuse and Mental Health Services Administration (SAMHSA)

www.findtreatment.gov

COMMUNITY MENTAL HEALTH

Arapahoe and Douglas County:

Allhealth Network

www.allhealthnetwork.org

Jefferson County:

Jefferson Center for Mental Health

www.jcmh.org

Denver County:

Denver Health

www.denverhealth.org/services/behavioral-health

Charlie Health

charliehealth.com

SUBSTANCE USE DISORDERS

DETOXIFICATION CENTERS

Denver Springs

www.denversprings.com

Denver CARES

303-436-3500

Valley Hope

www.valleyhope.org

Sandstone Care Colorado (Adult and Adolescent)

www.sandstonecare.com

INTENSIVE OUTPATIENT

Denver Springs

www.denversprings.com

Valley Hope

www.valleyhope.org

The Centre for Behavioral Health at Porter

303-778-1955

Lifted From the Rut

www.ChristianRehabServices.com

720-773-1999

INPATIENT REHABILITATION

Denver Springs

www.denversprings.com

Valley Hope

www.valleyhope.org

Harmony House

www.harmonyfoundationinc.com

Denver Cares Transitional Residential Treatment

www.denverhealth.org

180 Ministries

180ministries.net

SOBER LIVING HOMES

Step Seven (Men Only)

www.stepseven.org

Tender Loving Christ (Women Only)

www.tenderlovingchrist.com

Open Door Ministries (Men and Women)

www.odmdenver.org/need-housing

SEXUAL ADDICTION

Begin Again Institute

www.beginagaininstitute.com

Redemptive Living

www.redemptiveliving.com

Restoring the Soul

www.restoringthesoul.com

EATING DISORDERS

INTENSIVE OUTPATIENT/PARTIAL HOSPITALIZATION

Eating Recovery Center

www.eatingrecoverycenter.com

EDCare

www.eatingdisorder.care

Children's Hospital

www.childrenscolorado.org

ACUTE Center for Eating Disorders

www.acute.org

INPATIENT TREATMENT

Selah House

www.selahhouse.com

Bring Your Brokenness

chariscare.com

The Meadows

www.meadows.com

DOMESTIC VIOLENCE

National Domestic Violence Hotline

1-800-799-7233

Project Safeguard (Legal Assistance Only)

720-618-3482

www.psghelps.org

Gateway Domestic Violence Services

303-343-1851

www.gatewayshelter.org

SafeHouse Denver

303-318-9989

www.safehouse-denver.org

Rose Andom Center (Walk-In Shelter Resource Assistance)

720-227-4400

www.roseandomcenter.org

The Crisis Center

www.thecrisiscenter.org

PorchLight Family Justice Center (Jefferson/Gilpin Counties)

720-853-8850

www.porchlightfjc.org

Family Tree Crisis Line

303-420-6752

Legal Advocacy

720-856-2344

www.thefamilytree.org

SUPPORT AND RECOVERY GROUPS

ADDICTION:

AA

www.aa.org

Al-Anon and Alateen

www.al-anon.org

Parents Of Addicted Loved Ones (PAL)

www.palgroup.org

Begin Again Institute (Sexual Addiction - Men)

www.beginagaininstitute.com

S-Anon (Support for family and friends of sexually addicted people)

www.sanon.org

Re:generation

www.missionhills.org/regeneration

Mission Hills Church, Tuesdays, 6:30p.m.

Life Recovery

<https://authenticlifechurch.com/care>

Authentic Life Church, Mondays, 6:30p.m.

Celebrate Recovery

<https://southfellowship.org/celebrate-recovery/>

South Fellowship Church, Tuesdays, 6:30p.m.

Re:generation

<https://www.chcc.org/get-help>

Cherry Hills Community Church, Wednesdays, 6:15p.m.

Celebrate Recovery

<https://redemptionhills.com/recovery>

Redemption Hills Church, Thursdays, 6:30p.m.

Celebrate Recovery

<https://www.foothillsbiblechurch.org/celebrate-recovery/>

Foothills Bible Church, Thursdays, 5p.m.

Freedom from Shame

<https://passionatelifechurch.com/event/i3b3qnb/freedom-from-shame>

Passionate Life Church, Thursdays, 6:30p.m.

Recover

<https://www.redrockchurch.com/ministries/recover/>

Red Rocks Church, Fridays, 6:30p.m.

SURVIVOR OF SUICIDE:

Christian Association for Survivors of Suicide Loss

www.suicidelos.org

Heartbeat:

www.heartbeatsurvivorsaftersuicide.org

GRIEF:

GriefShare

www.missionhills.org/griefshare

Compassionate Friends (Loss of A Child)

www.compassionatefriends.org

Angel Eyes (Loss of A Child)

www.angeleyes.org

Umbrella Ministry (Mothers Who Have Lost a Child)

www.umbrellaministries.com

LITTLETON - Bev Zier

Bazier@comcast.net | 720-633-3140

Colorado Pregnancy and Newborn Loss Services

www.coloradopregnancyloss.org

Walk With Me (Pregnancy and Neonatal Loss)

www.walkwithme-nonprofit.org

BREAST CANCER SUPPORT GROUP:

Friends for Life

www.chcc.org/group

PARKINSON'S DISEASE:

Parkinson's Pointe

www.parkinsonspointe.org

STROKE SURVIVORS:

Highlands Ranch Hospital Stroke Survivor Support Group

jessica.worth@cuanschutz.edu

LGBTQ ISSUES:

Where Grace Abounds

www.wheregraceabounds.org

FOOD BANKS

Life Center

303-953-7180

5804 South Datura St., Littleton, CO 80120

www.lifecenterlittleton.org

Tuesday 12:00 PM-6:00 PM

St Mary Parish Pantry

303-798-8506

6853 South Prince St., Littleton, CO 80120

www.stmarylittleton.org

Monday 10:00 AM-12:00 PM

Littleton Church of Christ

303-741-0265

6495 South Colorado Blvd., Centennial, CO 80121

www.littletonchurch.org/missions-local

2nd and 4th Monday 4:00 PM – 5:30 PM

Cherry Hills Community Church

303-791-4100

3900 Grace Blvd., Highlands Ranch, CO 80126

www.chcc.org/get-help/

Tuesday 9:00 AM-11:30 AM;

1st and 3rd Tuesdays, 4:30 PM – 6:30 PM

Salvation Army Centennial

303-779-9662

3900 East Arapahoe Rd., Littleton, CO 80122

<https://centennial.salvationarmy.org>

Tuesday and Thursday 9:00 AM-12:00 PM

Grace Point Community Church

303-798-6387

90 East Orchard Rd., Littleton, CO 80121

<https://gracepointcc.org/resources/>

1st and 3rd Friday, 3:30 PM-5:00 PM

South Fellowship Church

303-797-1500

6560 South Broadway, Littleton, CO 80121

www.southfellowship.org/foodbank/

Wednesday 5:15 PM-6:00 PM; Saturday 8:00 AM-10:30 AM

COMMUNITY RESOURCES

Life Center

www.lifecenterlittleton.org

Manna Resource Center

www.mannaresourcecenter.org

Integrated Family Community Services

(Food, Utility, Rental Assistance)

www.ifcs.org

303-789-0501

Love, INC

(Resource Helpline, Classes and Coaching, Resale Store)

www.loveinlittleton.org

211

www.211colorado.org

Denver Seminary Housing Board

housingboard.denverseminary.edu

Denver Seminary Job Board

jobboard.denverseminary.edu

Denver Regional Council of Governments

drcog.org

JOB SEEKING/ EMPLOYMENT COACHING

Thrive

www.thrivecolorado.org

ELDER CARE

FOOD:

Meals on Wheels

www.mealsonwheelsamerica.org

ELDER CARE:

Friends for Life

friendsforlifeinc.com

Visiting Angels

www.visitingangels.com

RESPIRE CARE:

Visiting Angels

www.visitingangels.com/littleton

SUPPORT AND GUIDANCE:

Answers for Senior Care

www.answersforseniorcare.com

CHILDREN WITH SPECIAL NEEDS

Night Lights (Respite Care)

www.nightlightskids.org

Jackie Shinabery, OTR/L Masterpiece OT for Kids...and families

www.mpot4kids.com

COUNTY DEPARTMENTS OF SOCIAL SERVICES

Arapahoe County:

303-636-1750

Douglas County:

303-663-6270

Jefferson County:

Child Protection: 303-271-4357

Adult Protection: 303-271-4673

Denver County:

Child Protection: 1-844-264-5437

Adult Protection: 720-944-4347

