

Moms in the Middle

Mothers of school aged kids and teens

Morning Group | 9:30-11:30 am

Cost: \$65 (plus \$5 per child for Kids Ministry) per semester

FALL SEMESTER

September 8 - Kick Off Meeting

September 22 – Mom's Night Out Meeting - Make Up/Skin Care/Dressing For Middle Age

October 6 – Declutter Your Home (and Life)

October 20 – Navigating Puberty and Big Emotions

November 3 – Hard is Not the Same as Bad

November 17 – God in the *Even If*

December 8 – Christmas Brunch

SPRING SEMESTER

TUESDAY, January 6 – Game Day

January 26 – Keeping God as your Priority

February 9 – Managing the Mental Load of Motherhood

February 19 – MomNation Date Night Meeting - Sacred Marriage

March 2 – Living in the “Sandwich Generation”

March 23 – Navigating Grief with Hope

April 13 – Keeping Communication Open with Our Kids

April 27 – Outreach Day (bring your kids!)

May 11 – Spring Brunch

Monday Moms in the Middle

Mothers of school aged kids and teens

Evening Group | 6:30-8:00 pm

Cost: \$25 (plus \$5 per child for Kids Ministry) per semester

FALL SEMESTER

September 29 - Kick-off Meeting

October 27 – Decluttering your Home (and Life)

November 17 – Hard is Not the Same Thing as Bad

December 15 – Boundaries Workshop

SPRING SEMESTER

January 26 – Keeping God as Your Priority

February 19 - MomNation Date Night Meeting - Sacred Marriage

February 23 – Thriving Marriage After Kids

March 23 – Parenting Your Child's Temperament

April 27 – Navigating Through Grief with Hope

May 11 – Spring Celebration