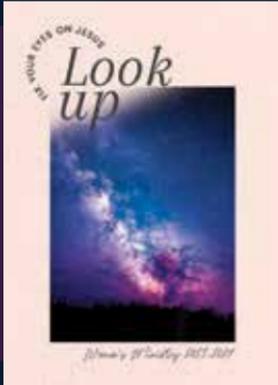


# LOVE

WOMEN'S MINISTRY  
2025-2026

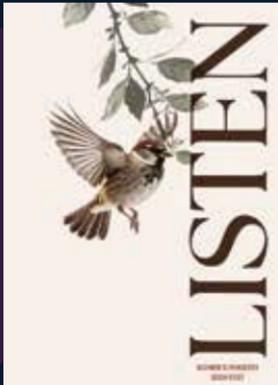
2023



Fix your eyes on Jesus, the author and perfecter of our faith.

**Hebrews 12:2a**

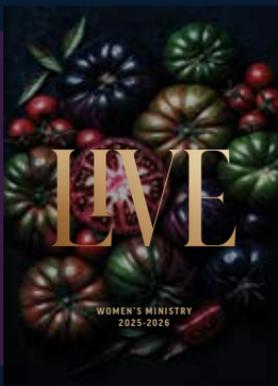
2024



Listen, listen to me...and you will delight in the richest of fare. Give ear and come to me; listen that you may live.

**Isaiah 55:2b-3a**

2025



Since we live by the Spirit, let us keep in step with the Spirit.

**Galatians 5:25**

# WELCOME

## to Mission Hills Women's Ministry

*Since we live by the Spirit, let us keep in step with the Spirit.*

Galatians 5:25

Each year the Women's Ministry team is filled with gratitude and excitement as we anticipate all God will do in the upcoming months... and this year is no different!

Our themes for the last two years have been building on each other. In a world filled with distractions, we are called to **Look Up**—to fix our gaze not on our circumstances but on the unchanging character of our Heavenly Father. We are called to **Listen**—to open our hearts to the instructions of the Holy Spirit and allow God's Word to guide us in truth.

This year, we turn our focus to action, to **Live**—to walk boldly *in step with the Spirit*, share the good news of Jesus, and love those around us. We will **Live** with a faith that is active, vibrant, and rooted in truth and grace.

Whether it's through Bible Study, Life Groups, Outreach, MomNation, Community Groups, or Special Events, every moment is an opportunity to deepen our connection with God and one another.

We encourage each of you to walk into the year with this same anticipation. Come as you are—but don't expect to stay the same! God is doing a new thing, and He is inviting each of us to take part.

Let's continue to *Look Up, Listen, and Live*.

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self control. Against such things there is no law. Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit.

Galatians 5:22-25

# TABLE OF CONTENTS

5	Year at a Glance
7	Bible Studies
15	MomNation
19	Community Groups
25	Outreach
29	Special Events
33	Connect With Us

And this is my prayer:  
that your love may  
abound more and more  
in knowledge and depth  
of insight, so that you  
may be able to discern  
what is best and may  
be pure and blameless  
for the day of Christ,  
filled with the fruit of  
righteousness that comes  
through Jesus Christ —  
to the glory and praise  
of God.

Philippians 1:9-11

# YEAR AT A GLANCE

2025-2026

**September 8**

**Bible Studies + MomNation**

*Fall Semester Begins*

**December 1**

**Joy to the World - Christmas Event**

*Featuring Ellie Holcomb*

**January 6**

**MomNation**

*Spring Semester Begins*

**January 12**

**Bible Studies**

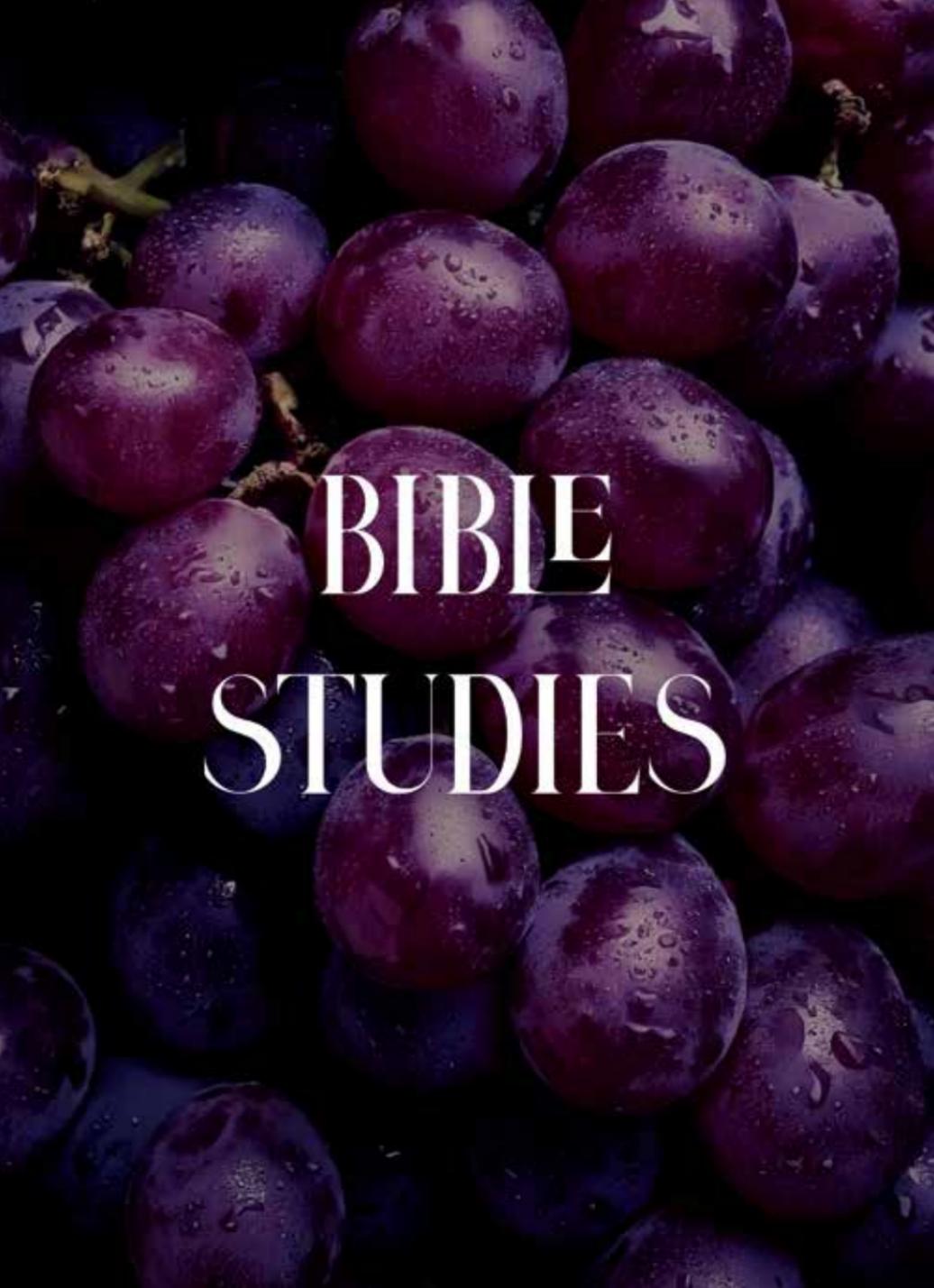
*Spring Semester Begins*

**August 4**

**Deeper**

*Follow God's example,  
therefore, as dearly  
loved children and  
walk in the way of love,  
just as Christ loved us  
and gave himself up  
for us as a fragrant  
offering and sacrifice  
to God.*

Ephesians 5:1-2



BIBLE  
STUDIES

# BIBLE STUDIES

Our Bible studies meet in small groups of about 15-25 women, mostly multigenerational. We encourage you to stay with the same group all year to give you the best opportunity to build friendships.

We offer several studies from which to choose. To simplify the process, we suggest you choose a study that is right for you based on:

- » *Homework level*
- » *Most convenient day or night of the week*

If you are new to Bible study, we encourage you to start with a low-intensity option.

To guarantee your curriculum is ready on the first day of class, please register by August 25 for the fall semester and December 15 for the spring semester at [missionhills.org/wbs](http://missionhills.org/wbs).

Kids Ministry is provided for our morning studies.

## LOW INTENSITY

These studies require approximately **1-2 hours** of homework per week.

## MID INTENSITY

These studies require approximately **2-4 hours** of homework per week.

## HIGH INTENSITY

These studies require approximately **5+ hours** of homework per week.



Find your **Study**

## LITTLETON CAMPUS - WEEKDAY MORNING STUDIES

DAY	TIME	FALL <i>September - December</i>	SPRING <i>January - April</i>
SUN	11:00 am - 12:00 pm	Women's Sunday School No registration necessary	Women's Sunday School No registration necessary
MON	9:30 am - 11:30 am	MomNation Study, pg. 17 Grace in Chaos	MomNation Study, pg. 17 When You Pray
	10:00 am - 12:00 pm	Gideon	Galatians
		Genesis, part 1	Genesis, part 2
TUE	9:30 am - 11:30 am	MomNation Study, pg. 17 Grace in Chaos	MomNation Study, pg. 17 When You Pray
	10:00 am - 12:00 pm	Gideon	Galatians
		Proverbs	Jude
		Genesis, part 1	Genesis, part 2
WED	10:00 am - 12:00 pm	Wives of First Responders, pg. 21 - Proverbs	Wives of First Responders, pg. 21 - Jude
		Gideon	Galatians
		Proverbs	Jude
		Genesis, part 1	Genesis, Part 2
THUR	9:30 am - 12:00 pm	Precept Upon Precept Acts, part 1	Precept Upon Precept Acts, part 2
	10:00 am - 12:00 pm	Gideon	Galatians
		Proverbs	Jude
		Genesis, part 1	Genesis, part 2
		1 + 2 Samuel (full year)	1+2 Samuel (continued)



Register for **Littleton Campus Studies**

## LITTLETON CAMPUS - WEEKDAY EVENING STUDIES

DAY	TIME	FALL <i>September - December</i>	SPRING <i>January - April</i>
MON	6:00 pm - 8:00 pm	<b>1+2 Samuel</b> ( <i>full year</i> )	<b>1+2 Samuel</b> ( <i>continued</i> )
	6:30 pm - 8:30 pm	<b>Proverbs</b>	<b>Jude</b>
TUE	6:30 pm - 8:30 pm	<b>Wives of First Responders,</b> pg. 21 <b>Gideon</b>	<b>Wives of First Responders,</b> pg.21 <b>Galatians</b>
		<b>20s + 30s</b> <b>Proverbs</b>	<b>20s + 30s</b> <b>Jude</b>
		<b>Gideon</b>	<b>Galatians</b>
		<b>1+2 Samuel</b> ( <i>full year</i> )	<b>1+2 Samuel</b> ( <i>continued</i> )
THUR	6:30 pm - 8:30 pm	<b>Gideon</b>	<b>Galatians</b>
		<b>Genesis, part 1</b>	<b>Genesis, part 2</b>



Register for **Littleton Campus Studies**

## NORTH LITTLETON CAMPUS

DAY	TIME	FALL <i>September - December</i>	SPRING <i>January - April</i>
<b>WED</b> Bi-weekly	6:00 pm - 8:00 pm	<b>Gideon</b>	<b>Galatians</b>



Register for **North Littleton Campus Studies**

## CASTLE ROCK CAMPUS

DAY	TIME	FALL <i>September - December</i>	SPRING <i>January - April</i>
TUE	9:30 am - 11:00 am	Proverbs	Jude
WED	6:30 pm - 8:30 pm	Genesis, part 1	Genesis, part 2
FRI Bi-weekly	10:00 am - 12:00 pm	Gideon	Galatians



Register for **Castle Rock Campus Studies**

## ONLINE CAMPUS

**ZOOM** - Participate in a weekly small group discussion via video conferencing.

DAY	TIME	FALL <i>September - December</i>	SPRING <i>January - April</i>
TUES	10:00 am - 11:30 am	Precept Upon Precept <b>Romans, part 1</b>	Precept Upon Precept <b>Romans, part 2</b>
	7:00 pm - 8:30 pm	Precept Upon Precept <b>Acts, part 1</b>	Precept Upon Precept <b>Acts, part 2</b>
WED	6:30 pm - 8:00 pm	Gideon	Galatians



Register for **Online Campus Studies**

## BIBLE STUDY PODCAST

The Bible Study Podcast is a space where you can come and go as your schedule allows, learn, and be refreshed by Jesus and His Word. See page 35.

## LOW INTENSITY

***Galatians: Live Free*** by Elizabeth Woodson — includes video teaching, \$25

***Gideon: Your Weakness. God's Strength.*** by Priscilla Shirer — includes video teaching, \$30

***Jude: Contending for the Faith in Today's Culture*** by Jackie Hill Perry — includes video teaching, \$20 (Wives of First Responders, \$30)

***Proverbs: The Way of Wisdom*** by Lifeway Women — includes video teaching, \$30 (Wives of First Responders, \$40)

***MomNation — Grace in Chaos: Biblical Hope for the Hard Days of Motherhood*** by The Daily Grace Co. — includes video teaching, \$25

***MomNation — When You Pray*** by Lifeway Women — includes video teaching, \$25

## MID INTENSITY

***1 + 2 Samuel*** by Joy of Living — (Full Year Study), \$50

***Genesis, part 1: God of Creation*** by Jen Wilkin — includes video teaching, \$30

***Genesis, part 2: God of Covenant*** by Jen Wilkin — includes video teaching, \$30

## HIGH INTENSITY

*Acts, part 1* by Precept Upon Precept — includes video teaching, \$30

*Acts, part 2* by Precept Upon Precept — includes video teaching, \$30

*Romans, part 1* by Precept Upon Precept — includes video teaching, \$40

*Romans, part 2* by Precept Upon Precept — includes video teaching, \$30



Explore **All Women's Bible Studies**

*These have come so that  
the proven genuineness  
of your faith — of  
greater worth than  
gold, which perishes  
even though refined by  
fire — may result in  
praise, glory and honor  
when Jesus Christ is  
revealed.*

1 Peter 1:7



MOMINATION

# MOMNATION

**MomNation** is dedicated to encouraging, equipping, and empowering you in motherhood through the many stages of life. Come find community and inspiration to be the best mom you can be.

MOMNATION GROUPS	MEETING OPTIONS
<b>Moms of Littles</b> <i>Mothers of Infants - Preschoolers</i>	Monday AM or Tuesday AM
<b>Working Moms of Littles</b>	Saturday AM
<b>Moms in the Middle</b> <i>Mothers of School-Aged Kids and Teens</i>	Monday AM or Monday PM
<b>MomNation Bible Study</b>	Monday AM or Tuesday AM
<b>Community Group - Single Moms</b>	Monday PM
<b>Community Group - Infertility</b>	Monday PM

Motherhood is filled with highs, lows, and everything in between. We want you to find faith-filled community with other moms who really *get it* and practical help to guide you along the way. At MomNation meetings we will cover topics like *Dealing with the Mental Load, Technology in the Early Years, Decluttering Your Home, Puberty and Teen Emotions, Loving Your Spouse Well, Parenting in the Sandwich Generation, Meal Planning for Picky Eaters*, and **so** many more.



Find out more about your group's specific **schedule and topics** for the 2025-26 school year

# MOMNATION BIBLE STUDY

MomNation Bible Study meets on opposite weeks from our weekday MomNation groups.

## FALL STUDY

**Grace in Chaos: Biblical Hope for the Hard Days of Motherhood**

by The Daily Grace Co.

Cost: \$25 — Kids Ministry is provided

## SPRING STUDY

**When You Pray**

by Kelly Minter, Jackie Hill Perry, Jen Wilkin, Jennifer Rothschild, Jada Edwards, and Kristi McLelland

Cost: \$25 — Kids Ministry is provided



Register for **MomNation Bible Study**

Looking for a *weekly* Bible Study but still want to attend a MomNation meeting?

**You can do that!** Turn to page 8 to see all additional Women's Bible Study options available to you. **Please note:** Kids Ministry is not available for evening classes.

## LOOKING FOR A WAY TO SERVE?

One of the ways that you can best support MomNation is by serving once or twice during the year in Kids Weekday Ministry. This allows us to open our doors to more moms and kids who might otherwise be on a waitlist!



Sign up to **serve today**

*My fruit is better than  
fine gold; what I yield  
surpasses choice silver.*

Proverbs 8:19



COMMUNITY  
GROUPS

# COMMUNITY GROUPS

Community Groups are designed for you to connect with other women in Christ-centered community. These groups offer you the opportunity to find shared enjoyment of a specific activity, the chance to try something new, or the space to share the ups and downs of a particular life season.

Regardless of the group, our goal in Women's Ministry is that together we *stop looking for community and start building it!*

**25 - 45+** — A coed group of people in their 20's to early 40's (though not exclusive to that range) seeking to meet new people and build deeper relationships within the church.

**Book Club** — Enjoy a monthly book selection and great discussion with a fun group of ladies. We also serve by collecting book donations for various organizations.

**Hiking** — Fellowship with each other in God's beautiful landscapes! All skill levels are welcome as we explore the beauty of Colorado throughout every season.

**Infertility** — Whether you are struggling with infertility or battling secondary infertility, you are not alone. Come talk with other women who understand what you are going through. Our journeys of infertility and loss are all unique, but we share many common threads.

**Needlework (Crocheting/Knitting/Embroidery)** — Join our group and have fun while doing projects and making new friends. Each year we do various projects as outreach to our community.

**Singles | 45+** — A vibrant, coed ministry focused on providing a safe place for Christian Singles (ages 45+) desiring fellowship and spiritual growth through Bible-based teaching, discussion, and organized socials.

**Single Moms** — Whether you are a teen, never married, divorced, or widowed, being a single mom can be challenging. Together we will support each other and be equipped with practical tools that will inspire us to live well and raise healthy children. Kids Ministry is available.

**Tapestry: A Ministry for Widows** — As a widow it can be difficult to find a community where you feel like you fit in and others understand what you have been through. Join us to connect and find ways to feel supported. It does not matter how old or young you are or how long you have been widowed, all are welcome.

**Wives of First Responders** — This group is for wives, fiancés, and girlfriends of first responders. Join us for weekly Bible study as well as occasional activities and social events. We are passionate about studying God's word and building authentic and joy-filled community as we navigate the first responder life together. Kids Ministry is available.



**Women's Gathering** — If you are looking for a place to connect, chat, share stories, laugh and learn, we would love to have you join us for the monthly Women's Gathering. Each month will feature a live speaker, social and discussion time.

**Women on Mission** — Join us for monthly service projects as we build community and serve together. You can choose to serve for one specific project, for a few, or for all. Location and times vary depending on the service project.



Learn more about our **Community Groups**

# CARE MINISTRY

We know that sometimes our deepest need for community comes during life's messiest moments. Mission Hills Care Ministry offers Christ-centered support through one-on-one Biblical Counseling, Care Partners, and group programs for marriage, recovery, grief, divorce, widows, finances, and more—bringing hope and healing when it's needed most.



Learn more about our **Care Ministry**

# YOUNG WOMEN

*You belong here, too!*

If you are a young woman attending Mission Hills (or know one), we want you to know there is a place for you here to find community and be encouraged in your relationship with Jesus.

**Middle School & High School Ministry** — Each week we create safe, age-appropriate, and fun environments for students where the Bible is taught in creative and relevant ways. On Sundays students enjoy worship, activities and games, and discussion with their small groups. On Wednesday nights, we have a large gathering, and then prioritize time in small groups with leaders, organized by grade and gender.

We have options for students at each of our campuses!



**Middle School Ministry**



**High School Ministry**

**Young Adults Ministry** — Out of high school and still in your 20s? God is growing our Young Adult community here at Mission Hills, and we'd love for you to join us! We offer Life Groups, Trips and Retreats, Monthly YA Nights, and we sit together at Sunday service. We know that trying out a new community can be intimidating, so don't hesitate to reach out and let us know how we can help you get connected!



**Young Adult Ministry**

*Choose my instruction  
instead of silver,  
knowledge rather than  
choice gold, for wisdom is  
more precious than rubies,  
and nothing you desire  
can compare with her.*

Proverbs 8:10-11



OUTREACH

# OUTREACH

As we spend this year specifically considering what it means for us to live *in step with the Spirit*, you may look to new and unique ways to serve others both locally and internationally. Often, we want to serve but don't know how or where to begin. Below are some of the ministries who partner with Mission Hills where you can serve as a small group, a family, or as an individual.

## FRONT RANGE OUTREACH

### ALTERNATIVES PREGNANCY CENTER

[youhavealternatives.org](http://youhavealternatives.org)

### LIFE CENTER

[lifecenterlittleton.org](http://lifecenterlittleton.org)

### BRIDGE OF HOPE

[greaterdenver.bridgeofhopeinc.org](http://greaterdenver.bridgeofhopeinc.org)

### LOVE INC

[loveinlittleton.org](http://loveinlittleton.org)

### DENVER STREET SCHOOL

[denverstreetschool.org](http://denverstreetschool.org)

### NORTH LITTLETON PROMISE

[northlittletonpromise.org](http://northlittletonpromise.org)

### FREEDOM CHALLENGE

[freedomchallenge.com](http://freedomchallenge.com)

### OPEN DOOR MINISTRIES

[odmdenver.org](http://odmdenver.org)

### HOPE'S PROMISE

[hopespromise.com](http://hopespromise.com)

### SAVE OUR YOUTH

[saveouryouth.org](http://saveouryouth.org)

### KIDS MINISTRY AT MISSION HILLS

See page 17

### YOUTH FOR CHRIST - DENVER AREA

[yfcdenver.org](http://yfcdenver.org)



Learn more about our **Local Outreach Opportunities**

# INTERNATIONAL OUTREACH

One of the most exciting and refining ways women and/or families can grow in their faith is to participate in a short-term mission trip. We have 58 partners in 25 countries around the world and send out 20+ short-term trips annually. Each of our short-term trips is designed to support our partners who understand their local context and culture, to be a safe and intentional experience, and to help people become more like Jesus and join Him on mission.



Learn more about our **International Outreach Opportunities**

*Do not merely listen  
to the word, and so  
deceive yourselves. Do  
what it says.*

James 1:22



SPECIAL  
EVENTS

# SPECIAL EVENTS

## Joy to the World - Christmas Event

Featuring Ellie Holcomb

**Monday, December 1** | 7:00 – 9:00 PM

**Cost: \$35 per ticket**

Ticket sales open September 1

Mission Hills Women's Ministry is delighted to welcome **Ellie Holcomb** to the Littleton Campus to help us celebrate the start of the Christmas season. We have reason to celebrate – ***the Lord is come!***

You are warmly invited to be with us for this special evening. Come ready to sing, worship, and rejoice! This is a perfect event to invite friends, neighbors, and loved ones to experience the true ***joy of Christmas.***

This evening is for women of **all ages** to enjoy! When considering young children, this event is best suited for kiddos who can stay up past bedtime and enjoy both peaceful and upbeat music.

More information to come!

---

Ellie Holcomb is an eight-time GMA Dove Award Nominee and two-time GMA Dove Award Winner. She is a best-selling author and artist who has written two children's books, each with a companion EP of original music, as well as three full-length solo music projects. Her first adult book and devotional, *Fighting Words: 100 Days of Speaking Truth into Darkness*, was published in 2021 and spent many months on the Evangelical Christian Publisher Association top sellers list. Ellie tours both for solo projects and with her husband and fellow musician, Drew Holcomb.



# CHURCH WIDE EVENTS

God designed us to live in community... and this community has a lot going on!

We want to connect you and your family to the many ministries at Mission Hills. We have events for every age and stage of life! Scan the QR code below for details on what's coming up at each of our campuses.



**Mission Hills Events**

Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind." This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.' All the Law and the Prophets hang on these two commandments."

Matthew 22:37-40



CONNECT  
WITH US

# STAY IN THE KNOW | ONLINE

## NEWSLETTER

Sign up for our monthly newsletter to receive updates on what's happening in Women's Ministry.



Sign up for the **Newsletter**

## WEBSITE

For more information on Mission Hills Women's Ministry, visit our website at [missionhills.org/women](https://missionhills.org/women).



Visit our **Website**

## INSTAGRAM



[@missionhillswomen](https://www.instagram.com/missionhillswomen)



[@missionhills\\_momnation](https://www.instagram.com/missionhills_momnation)

## FACEBOOK

/Mission Hills Women's Ministry

/Mission Hills Moms of Littles

/Mission Hills Moms in the Middle

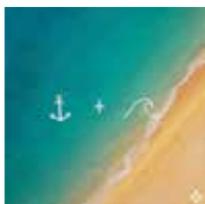
/Mission Hills Working Moms of Littles

# LISTEN | PODCASTS

The Mission Hills Women's Podcasts are a great companion to your morning cup of coffee, afternoon walk, or while you wait in the carpool line. **Anchor + Waves** is a topical podcast that can be enjoyed anytime, and our **Women's Bible Study Podcast** is great for digging into a specific theme or book of the Bible.

## ANCHOR + WAVES

Hosted by **Stacy Ludwig and Jacque Carlson**



Whether single, married, young, or old, we desire this podcast to be a companion on your faith journey, a reminder of the Anchor available in every season of life. Through stories, teaching, interviews, and panel discussions we hope to be a source of strength, encouragement, and community.

## WOMEN'S BIBLE STUDY PODCAST

Bible Teaching by **Kim Fearing**



Take the opportunity to explore several seasons of this podcast! Kim teaches on the relationships of Jesus and women and walks through whole books of the Bible highlighting the people that bring the scriptures to life and help us to know God better.

Listen and subscribe wherever you get your podcasts.



Listen and Subscribe

# WOMEN'S MINISTRY STAFF

## JACQUE CARLSON

*Groups Director*

[jcarlson@missionhills.org](mailto:jcarlson@missionhills.org)

## ANGELA PARKS

*Women's Ministry Associate Director | Bible Study*

[aparks@missionhills.org](mailto:aparks@missionhills.org)

## ERIN MARKEN

*Women's Ministry Associate Director | MomNation*

[emarken@missionhills.org](mailto:emarken@missionhills.org)

## ABBIE DAVIS

*Women's Ministry Associate Director | Events*

[adavis@missionhills.org](mailto:adavis@missionhills.org)

## KAITLIN RASBAND

*Women's Ministry Administrative Assistant*

[krasband@missionhills.org](mailto:krasband@missionhills.org)

## HEATHER FRY

*Groups Ministry | Next Steps Coordinator*

[hfry@missionhills.org](mailto:hfry@missionhills.org)

### Not sure who to contact?

Start with an email to: [women@missionhills.org](mailto:women@missionhills.org)











MISSION HILLS  
**WOMEN**

620 SouthPark Drive | Littleton, CO 80120  
*missionhills.org*