

## **Crash Course for Teen Girls**

What is it?

This 5 Session Video Course will help Parents begin to understand the world of their Teenage Girl.

Paige Clingenpeel a licensed counselor from [www.trendsandteens.com](http://www.trendsandteens.com) and a mother of four kids, walks parents through topics such as Friendships, Mood Swings, Identity Issues, Dating, and Body Changes.

Each video is about 5 minutes.

We have included all 5 of the video links below for you to review.

Body Changes

<http://vimeo.com/parentministry/review/93291270/7c6f7d3d21>

Dating

<http://vimeo.com/parentministry/review/93291271/d72c0bb8be>

Identity

<http://vimeo.com/parentministry/review/93291274/66c6ef3cb0>

Mood Swings

<http://vimeo.com/parentministry/review/93291280/0b451e0d43>

Friendships

<http://vimeo.com/parentministry/review/93292301/3bb85e0c7a>